

# JAMBOREE PAPER



Friday 29th July 2022



Nicolai Aagaard was joined by both children and adults, when he walked backwards at Jamboree Denmark 2022. Photos: Kurt Stæcker Jensen and Jesper Broch.

## 1000 scouts and guides turn their backs on bullying

**This Wednesday, the backwards-walker Nicolai Aagaard gathered over 1000 scouts and guides for a backwards walk. His project "Vend ryggen til mobning" (Turn your back on bullying) also includes the scouts and guides at Jamboree Denmark 2022.**

"It was amazing to see so many people walk backwards with me," says Nicolai Aagaard, who aside from the many scouts and guides accompanying him, also has over 100,000 followers on TikTok.

And while Nicolai Aagaard is being interviewed, young fans would like a selfie with the famous backwards walker.

### **If I can help just one person**

"People who do not know me are puzzled. But among the youth, I am very famous. I would like for children and young people to think things through. If I help just one person, then it is all

worth it," says Nicolai Aagaard in between a couple of selfies.

Since October 2020, Nicolai Aagaard has walked over 2000 kilometres backwards to put bullying into focus.

### **Walking backwards is tough**

He tells that it is very hard for the legs to walk backwards and that he has grown big calves.

On Nicolai's Facebook page you can find the plan for the upcoming routes in "Vend ryggen til mobning" (Turn your back on bullying).

Even though it says "Savage" on

Nicolai's t-shirt, there is nothing savage about Nicolai Aagaard's campaign against bullying.

It is about his own life story: "I have been bullied a lot because I have a lot of diagnoses. I have Tourette, ADHD, OCD and anxiety. But my anxiety goes away when I am walking in nature. Finally, a fun fact: the brain thinks you are walking uphill when you are walking backwards."



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## Chaos at the most fun activity

Thursday, the sound of loud music could be heard from "The Wet Pit", the large activity area surrounding the landmark.

It was part of an activity at Total-Portal Day at the jamboree, where scouts and guides aged 12-16 participated in joint activities that involved both decoding ciphers and dancing to music.

For the scouts and guides from Älgen scout and guide group near Stockholm there was no doubt: The most fun activity was definitely chaos volleyball.



Total-Portal Day had 5 different activities visited by 8.000 scouts and guides aged 12-16 on Jamboree Denmark 2022. Photo: Jacob Fredegaard Hansen

At the activity multiple patrols had to co-operate to keep the ball from touching the ground.

The joint activities were also exactly what the scouts and guides from Høring.

## Exciting drop-in activities Saturday

You can drop in or sign up for these events Saturday.

### The Semerkand Mosque

No.: 1202 - all ages

Talk about Islam and scouting, and come pray 5 times a day. Find the programme in the Information Tent in The Presence

### Drop-in Mindfulness at the Moor of Spirituality

No.: 1269 - 9+ years

Work together with a professional mindfulness instructor Berit Weise on the ability to find more inner peace, joy, and the feeling of being okay – completely as you are.

### JOTA/JOTI Think before you type/How far can we reach?

No.: 1014 - 12-16 years

Come try what communication is

through body language and radio waves, and how little it takes to build a LEGO figure while the person beside you is playing Battleships with their friends.

### Danish folk dancing

No.: 1298 - all ages

Folk dance and have a party! And you can get the yellow sticker!

### FutureTown:

#### T-shirt print/textile print

No.: 1382 - alle ages

Stop by the activity REWEAR, and throw yourself into the creative universe of recycled fabric, where the creation of unique designs gives new life to discarded clothes and fabric.



## Weather Saturday

Day: up to 24° C

Night: down to 14° C

Rain: 0 mm

Wind: 5 m/s



Listen to the jamboree radio and podcasts via the front page of the jamboree's website.

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